

| | |
|--------------------------------------|--------------------------|
| machine | |
| ▪ Neutralizing & conditioning | |
| List of tools & equipment | Cosmetics |
| Perm rollers of different sizes | Setting lotion/gel/mouse |
| Blow dryer (commercial) | Hair spray |
| Hood dryer | Shampoo |
| Electric rollers | Straightening creams and |
| Wire/plastic rollers | neutrizer |
| Switch | Velocity for perming |
| Switch hand | |
| Artificial plaits | |
| Braids | |
| Swiggle | |
| Flower bun | |
| Curling rod | |
| Electric press for straightening | |
| Setting clips, pins, jusa pins, | |
| decorative pins | |
| Tail comb | |
| Roll on brushes of different size | |
| Tooth comb | |
| Dummy head with slip on | |
| Back wash basin | |
| Dressing out | |
| Chairs | |
| Gloves | |
| Neck tray | |

Questions:-

1. Demonstrate the sectioning for putting perms on short hair.
2. Demonstrate at least two types of wraps.
3. Make eight rolls interlock style on hair switch and fix it on the head.
4. Make a French braid.

Hair Colourist

Name
Sector
Course Code
Duration
Entry qualification

: Hair colourist
 : Beauty Culture & Hair Dressing
 : BEA206

: 60 hrs.

: 8th Standard & 14 years of age,

MES Modules on Basics of Beauty and Hair Dressing

Terminal competency : Successful candidate would be able to providing hair coloring service to add colour to the hair, to permanently change the hair colour and create highlight and lowlight effects in hair.

| Practical Competencies | Underpinning Knowledge (Theory) |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Analysis of scalp and hair ▪ Understanding and working with various types of temporary, semi permanent & permanent hair colours ▪ Patch test for allergy ▪ Selection of colour ▪ Strand test/ Predisposition Test ▪ Preparation of trolley and client ▪ Mixing of colour ▪ Application of hair colour - veg & Chemical ▪ Rinse off colour ▪ Application of hair conditioner ▪ Types of Lighteners ▪ Special effects with hair colouring <ul style="list-style-type: none"> ❖ Streaking ❖ Frosting ❖ Tipping ❖ Blonde-on-blonde ❖ Hi fashion/Hi lightening techniques | <ul style="list-style-type: none"> ▪ Basic law of colour ▪ Classification of hair colour ▪ Points to be considered before using hair colouring products ▪ Allergy test ▪ Predisposition Test ▪ Harmful effects of various colours ▪ Precautions for both veg and chemical dye |

| List of tools & equipment | Cosmetics |
|------------------------------|------------------|
| Dye brush | Shampoo |
| Plastic bowl | Conditioner |
| Setting clips | Talcum powder |
| Towels | Colours |
| Black gown | Cotton |
| Tail comb | Protective cream |
| Gloves | |
| Head dryer | |
| Aluminium foil | |
| Shower cap | |
| Crochet needle for streaking | |

Questions:-

1. Prepare a client for patch test and give colour application to check the sensitivity.
2. Demonstrate sectioning for applying hair colour.
3. Demonstrate chemical dye on full head
4. Give the latest hifashion effects of highlightening with streaking method.
5. Give Hi fashion effect on hair ends for a client having Boy cut.

Hair cutting Specialist

Name : Hair cutting Specialist
Sector : Beauty Culture & Hair Dressing
Course Code : BEA207
Duration : 120 hrs
Qualification : 8th Standard & 14 years of age,
 MES Modules on Basics of Beauty and Hair Dressing

Terminal competency: Successful candidates should be able to select and adopt techniques for cutting hair of all types. A candidate should be able to create design with various cutting and styling techniques.

| Practical Competencies | Underpinning Knowledge (Theory) |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Sterilizing of tools & implements ▪ Preparation of trolley & clients for giving a hair cut ▪ Select design according to hair texture and face shape of the client ▪ Sectioning and blocking the hair according to required hair cut ▪ Sectional for top, crown, nape and sides for achieving desired effects ▪ Sub sections or Partings ▪ Practice in holding comb and shears ▪ Practice of hair cutting on dummies and live models ▪ Basic hair cutting for short, medium & long length hair ▪ Practice in cutting hair with <ul style="list-style-type: none"> ❖ razor ❖ clippers ❖ thinning shears ▪ Boy cut ▪ Blunt cut ▪ Deep U ▪ Shallow U ▪ Cutting for layered effect ▪ Mushroom cut ▪ Wedge cut ▪ Men's cut | <ul style="list-style-type: none"> ▪ Knowledge of hair texture ▪ Types of hair ▪ Sectioning for a hair cut ▪ Knowledge about shears and comb ▪ Knowledge of elevations ▪ Different types of basic hair cut ▪ Safety and precautions during hair cutting |

of
 s,
 id
 a
 ds
 ail

| List of tools and equipment | |
|-----------------------------|---------------------|
| Scissors | Cosmetics |
| Comb | Shampoo |
| Tail comb | Conditioner |
| Cutting sheets | Hair setting lotion |
| Razor | |
| Setting clips | |
| Spray bottle | |
| Neck strip | |
| Dryer | |
| Hair brush | |
| Clipper | |

Questions:-

1. Demonstrate sectioning for basic hair cutting
2. Demonstrate veg cut on a dummy
3. How do you hold scissors and comb while cutting hair – show
4. Demonstrate elevation for giving a step cut
5. Demonstrate blunt cut

MODULES

Basics of Beauty and Hair Dressing

| | | |
|----------------------|---|--------------------------------------------------------------|
| Name | : | Basics of Beauty and Hair Dressing |
| Sector | : | Beauty culture and Hair Dressing |
| Course Code | : | BEA101 |
| Qualification | : | Minimum 8th Standard & 14 years of age |
| Duration | : | 150hrs |

Terminal Competency: Successful candidates would be able to work as an assistant for providing basic beauty and hair dressing services in threading manicure, pedicure, facial, bleaching and decorate hands and feet. This course would also help in developing professional ethics, basic use of equipment, safe-working methods and up keeping of work place.

| Skill | Knowledge |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Safety Precautions</p> <ul style="list-style-type: none"> ▪ Practice in safe working procedures and observe the necessary precautions. Observe safety procedures when handling electrical equipment ▪ Basic first aid for cuts and burns ▪ Maintain good house keeping <p>Sterilization and Sanitation</p> <ul style="list-style-type: none"> ▪ Procedure of sterilization and sanitation ▪ Chemical sanitizing and sterilizing agents ▪ Public sanitation <p>Professional Ethics</p> <ul style="list-style-type: none"> ▪ A professional attitude towards client ▪ Communication skill <p>Manicure and Pedicure</p> <ul style="list-style-type: none"> ▪ Identify, select and arrange tools and equipment for manicure and pedicure. ▪ Preparation of client for manicure and pedicure ▪ Perform manicure/pedicure by cleaning, shaping, moisturizing, massaging and polishing with nail polish. ▪ Practice of putting Mehandi on hands and feet with cone, stick and fingers (for different occasion) ▪ Practice of putting sticker mehandi, colourful sparkle mehandi, kundan mehandi and mehandi with block | <ul style="list-style-type: none"> ▪ Importance of safe handling of inflammable oil, cosmetics, material and equipment ▪ Safety and health regulations ▪ Personal Hygiene ▪ Protective clothing and equipment ▪ Good house keeping ▪ First aid treatment for burns, minor cuts, foreign body in the eye including chemicals. ▪ Desirable qualities for good human relation ship ▪ Importance and qualities of a pleasing personality ▪ Importance of good ethics ▪ Various nail shapes for hands and feet ▪ Importance for identifying nail disease & disorder ▪ Meaning of superfluous hair |

Removal of superfluous hair

- Identify various types of hair removal treatments
- Carry out various procedures for superfluous hair removal
- Remove hair using: Temporary method/depilatory

Eye Brow Shaping

- Removing hair with thread
- Removing hair with tweezer
- Measurement of eyebrows for correct length and arch
- Cleaning of eyebrows
- Shaping of Eye brows

Bleaching

- Preparation of client and trolley for bleaching
- Preparation of bleach pack
- Practice of allergy test for bleaching
- Cleansing of face prior to bleaching
- Practice in application of bleaching pack

Uses of various types of Bleaches

Hair

- Application of oil
- Practice of different types of manipulation
- Preparation of client and trolley for shampooing
- Use of shampoos and rinses

Hair cutting

- Practice of holding scissors and comb
- Sectioning procedure for hair trimming and for blunt cut
- Practice of trimming and blunt cut
- Practice of cutting wet and dry hair
- Drying and setting hair with hand dryer

Hair colouring

- Analysis of scalp and hair
- Skin test/Patch test
- Practice of application of hair colour - vegetable & chemical dyes.

- Causes of superfluous hair
- Methods of hair removal
 - ❖ Epilation - waxing, threading
 - ❖ Depilation - Chemical

Methods of bleaching facial and body hair -

- ❖ Powder bleach
- ❖ Cream bleach

Importance of allergy test

- Types of hair
- Importance and benefits of scalp massage
- Types of shampoos and rinses

- Knowledge of hair texture
- Correct use of cutting equipments
- Factors to be considered while cutting wet and dry hair
- Different techniques for styling hair
- Blow drying - sectioning

- Basic law of hair colour
- Classification of hair colour
 - Temporary colour
 - Permanent colour
- Allergy test

ive
ate
ad

ics,

ired

| Cosmetics | List of tools and equipment |
|-------------------|------------------------------------|
| Shampoo | Wax heater |
| Disinfectants | Trolleys |
| Nail colours | Bleach brush |
| Powder bleach | Bowls |
| Cream bleach | Spatula |
| Cold wax | Facial Steamer |
| Hot wax | Black head remover |
| Hydrogen Peroxide | Manicure set |
| Acetone | Pedicure set |
| Base coat | Pedicure tub |
| Cuticle softener | Chowkies |
| Henna | Stools |
| Design blocks | Facial bed |
| Glitters | Manicure tables |
| Thread | Tweezer |
| Talcum powder | Scissors |
| | Sterling units |
| | Foot scraper |
| | Slithering Shears Comb |
| | Tail comb |
| | Setting clips |
| | Hair cutting Hair cutting Sheet |
| | Scissors |
| | Clipper |
| | Dye brush |
| | Plastic bowl |
| | Hot and cold spray unit |
| | Back wash chair |
| | Dressing out chairs |

Question Bank:

1. Demonstrate bleaching of face
2. Demonstrate step-by-step manicure procedure
3. Measure Eyebrows for correct length and height
4. Prepare a bleach pack and demonstrate allergy test
5. Decorate hands with mehendi
6. Demonstrate blunt cutting on short hair
7. Prepare client for scalp massage and give basic manipulation
8. Demonstrate sectioning for blunt cut
9. Prepare trolley for hair coloring service
10. Demonstrate hair shampooing for long hair